GRACE-ST. LUKE’S CHURCH

2021 WINTER BASKETBALL PROGRAM

BASKETBALL

JK- 4th Grades

(January 23 – March 7)

This Winter GSL Church is offering a 7-week (8 Sessions) Basketball Program to include Fundamental Training & Skill Development/Skill Stations/Contests/Scrimmages & Tons of FUN!

Age Divisions:

• Co-Ed Kindergarten (JK & SK)
• 1st and 2nd Grade Boys & Girls (Separate Divisions)
• 3rd and 4th Grade Boys & Girls (Separate Divisions)

Session Dates & Times:

• Session dates are January 23 – March 7.
• Sessions are for one hour and on Saturday mornings/afternoons, with one session on Sunday March 7.
• Sessions are back-to-back with the first session starting at 9am.
• Parents will receive session times by mid-January.

Sessions Include:

• Shooting, Ball Handling, Rebounding, Passing & Defense
• Fun Individual & Group Basketball Agility Drills
• Ball Handling Fun (Hesitation, Change of Pace, Direction, etc.)
• Skill Stations
• Skill Games & Contests
• **Team Scrimmages (if approved by diocesan or local officials)**
• And MORE!

*During each session, players will be distanced appropriately with 10-16 players on the court.*

**Head Basketball Instructor:** *Phil Richmond (Instructor of our FAB 50 Program).*

**Phil Richmond’s** credentials include: hosting over 25 elementary through college level elite and development camps, Memphis YOMCA, Memphis Magic Elite, Grizzlies Prep School coach and over 15 years of private, recreational and competitive team coaching. Phil will have his coaching colleagues assist him with weekly sessions.

**Registration Fee:** $90

**Registration:** January 4th-19th, 2021

Register at: [https://www.gracestlukes.org/youthbasketball/](https://www.gracestlukes.org/youthbasketball/)

• CDC Guidelines will be in place.
• **This is a NON-contact sports offering,** unless deemed otherwise by our local officials. **Scrimmages are pending upon Covid-19 Guidelines.**
• Parents are required to **sign a Covid-19 Participant Covenant.**
• **Facial coverings** are required by all.
• **Temperature checks** will be administered for all entering the gym area.
• **Home Health Self-Assessment** is required for ALL prior to attending sessions.
• Individuals must bring their own **water bottle** (*water fountains are not available*).
• Players must bring their own **basketball and towel.**
• **If local or diocesan restrictions require a closure due to Covid-19, sessions will be postponed until restrictions are lifted.** If closings are extended for several weeks, we will shorten our program or cancel as a last resort. **Refunds will be available.**

If you have any questions please contact Athletics, Recreation & Wellness Director, Christi Authement, at 901-825-7353 or Cauthement@gracestlukes.org.