



THE MESSENGER

GRACE-ST. LUKE'S EPISCOPAL CHURCH

Volume 56, No. 5

March 1, 2009

SUNDAY SERVICE TIMES

8:00 AM Holy Eucharist, Homily
8:45 AM Breakfast
9:15 AM Classes
10:30 AM Holy Eucharist, Homily
5:30 PM Holy Eucharist, Homily
Nursery available for all services except the 5:30 PM service.

THE DAILY OFFICE

7 AM *Friday* Morning Prayer/Eucharist
5:30 PM *Thursday* Evening Prayer
5:50-6:30 PM *Thursday* Centering Prayer

OFFICE HOURS

8:30 AM to 4:30 PM Monday - Friday

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UP PARISH DATE

Mark your calendar for **Sunday, March 1**, for a **Parish UPdate Presentation** in McClure Hall from 9:20 until 10:15. The UPdate will focus on the work of your Vestry regarding the 2009 budget and the preparation for the Search for a new Rector. This meeting is a continuing part of your Vestry's pledge to keep you informed.

Wednesday evenings during Lent (March 4 through April 1)

5:30 Lenten Evening Prayer in the Nave
5:50 Dinner served in Trezevant Hall
6:30 Presentation in McClure

Wednesday nights will be very special this Lenten Season. We will start by worshipping together at 5:30 with Evening Prayer in the nave.

Next, the words "home-cooked dinner" take on a whole new meaning as volunteer chefs from GSL membership will wield wooden spoons and knives and whip up wonderful tasty meals for the low price of \$6. Menu: <http://gslparish.org/lent09.pdf>

After supper, one of GSL's favorite teachers, the Rev. Mitzi Minor of Memphis Theological Seminary will join us to teach a class. Mitzi will talk to us about "Joy and Self-Denial (Yes, they go together!): A Lenten Look at the Corinthian Letters."

Child care is available for the entire evening. (Please make reservations.)

If you have children in choir, you can have a family meal here without the hassle of cooking. If you sing in the GSL adult choir, come early and enjoy the fellowship. Come for whole evening or for any part that fits your schedule.

Reservations are critical for both dinner and child care. Please call the office at 272-7425 or email lucy@gslparish.org; deadline will be 9 AM on the Monday before.

Your reservation is your guarantee to pay for dinner.

Interested in helping out with the meals? We would love to have you! Contact Julie Denman, julie@gslparish.org or 272-7425.

MESSENGER DEADLINES

Mar. 15 deadline is 9 AM, Mar. 1!
Apr. 1 deadline is 9 AM, Mar. 15!

Time to make reservations is NOW!

STAFF

The Rev. Dr. Ron DelBene, *Interim Rector*,
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The Rev. J. Brian Ponder, *Associate Rector*,
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The Rev. Eyleen Farmer, *Pastoral Care Associate*,
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ext 10, lucy@gsparish.org

Debbie Smith, *Music Associate*,
ext 27, debbie@gsparish.org

Linda Stine, *Financial Officer*
ext 17, linda@gsparish.org

2009 VESTRY

Anne Ayres, Patrick Burnett, Karen Clark,
Thad Cockrill, Ann Dillard, Eric Epperson,
Gayle Evans, Lesley Hartney, Mike Jones,
Ruthie Lentz, Lucy McLemore, Hal Morse,
Andy Nix, Charles Pazar, Betty Peyton,
Barney Rolfes, Paula Sappington, Jim Taylor,
Jennie VanDeveer, Peggy Williamson, and
Tom Wyatt

To know Christ and to make Christ known

We seek to serve God and our neighbor by welcoming into Grace-St. Luke's parish all people who seek to love God and participate in an open and supportive community based upon the example and teachings of Jesus Christ. Honoring the vows of our Baptismal Covenant, we respect the dignity of every human person by welcoming all regardless of physical appearance or ability, age, mental capacity, ethnic or religious background, sexual orientation, a sense of past or present personal sinfulness or financial circumstances. We seek to become more fully loving, and we welcome all who wish to join us in this journey.

Memorials and Honoraria

Honoraria

Edith & Bob Heller from Marsha & Jay Hayes
Ron DelBene from Marsha & Ja Hayes
Julie Denman from Marsha & Ja Hayes
Candy & David Jefcoat from Marsha & Ja Hayes
Senter Crook from Helen Saino
Barney Gordon from Corinne Wilson
Dan Conaway from Our Home & Garden Club
The Rev. Kevin S. Brown Family from Mr. & Mrs. W. A. Coolidge, Jr.
Betty K. Underwood from Murray McKay & June Averyt
David Brown & Steven Hoover from Murray McKay & June Averyt
Joe & Claudia Porter from Murray McKay & June Averyt
Jerry & Donna Sanders from Murray McKay & June Averyt
Douglas & Rachel Smith from Murray McKay & June Averyt

Memorials

John Peyton & Millicent O. Peyton from Mr. & Mrs. Steve Valentine
Caroline Hewes from Dr. & Mrs. Lee Wardlaw
Blanche Beck from Helen Saino
Jean LeBlanc from Jon & Mary McCalla
Erma Dow Eaton from Betty K. Underwood
Nancy & Rodgers Menzies from Wynn & Gwin Scott
Mr. & Mrs. Simpson Tate from Carolyn Tate Walker
Hap Poindexter from Bob Sharp

Upcoming Dates for Baptisms

The Great Vigil of Easter, a service held on Easter Eve, is a wonderful date for baptism of children or adults. This first service of Easter is also an ideal time for the Renewal of Baptismal Vows. The date will be Saturday, April 11, at 7 PM.

Sunday, May 17, at the 10:30 service will be the next baptism date.

The Day of Pentecost, May 31, is also an opportunity for Baptism.

Please contact Julie Denman, julie@gsparish.org or 272-7425, to make plans.

Support Groups at GSL

Weight Watchers: Trezevant Hall, Monday;
Weigh-in at noon; Meeting from 12:20-12:40.

AA meetings: Tuesdays, 6:30 PM, 8 PM, both in the Lounge.

Narcotics Anonymous: Saturdays, 10 AM, Sundays, 8 PM, Trezevant Hall.

Al Anon: Thursdays, 10:30 AM, Lounge.

Sex and Love Addicts Anonymous: Mondays & Thursdays, 8 PM,
Saturdays, 4 PM, and a Women's meeting on Thursdays at 6:45 PM, all in the Lounge.

Fitness Classes at GSL

Pilates: Wednesdays at 12:05 in the Scout Room AND
5:15 & 6:15 in the GSL Gym (childcare available @ 6:15)
Fridays at 8:30 AM in the Scout Room

Senior Fitness: Fridays at 9:30 AM in the choir room.

EXPLORING LENT
 FIVE SUNDAY CLASSES
 FOCUSING ON THE
 GREAT CELEBRATIONS
 OF THE LENTEN SEASON



FEB 22 EYLEEN FARMER
 ASH WEDNESDAY



MARCH 8 BRIAN PONDER
 MAUNDY THURSDAY



MARCH 15 RON DELBENE
 GOOD FRIDAY



MAR 22 EYLEEN FARMER
 EASTER VIGIL AND DAY



MAR 29 BRIAN PONDER
 PALM SUNDAY



Youth
 News

Sr. High EYC will meet on Sundays,
 March 1, 22 and 29th at 6:30 PM.

(Doan House, 1768 Peabody)

Teen Group will meet on Wednesdays,
 March 4, 11, 18 and 25, at 7:00 PM.

Grades 6-8 & DYC, Spring Fling,
 March 20-21, at St. John's

Help Our Youth Raise Funds for Their Summer Mission Trip

FUNDRAISER - March 2 and April 6, 2009 from 3-8 PM

Where? Holiday Deli and Ham Co. in Midtown

How it Works! When members of GSL parish eat at Holiday Ham between 3-8 PM, 10% of the proceeds from the business earnings goes right to the GSL youth summer mission trip!

MISSION TRIP - The GSL Youth will be going to New Orleans on July 3-10, 2009, for a Youth Summer Mission Project. The cost is \$250 per person. The trip is sponsored by The Episcopal Diocese of Louisiana-Gulf Coast Disaster Relief. A deposit of \$50 is due March 15, 2009; balance due by June 15, 2009.



Christian
 Education

Sunday Morning Classes at 9:15 AM

Adult Classes

Children and Youth

**No Adult classes on Sunday,
 March 1 due to the Parish Update
 (see cover for more info!)**

Little Lambs (two-to-young-three year olds) First floor, Parents Day Out area

Catechesis I and II (1st floor)
 Atrium I is designed for three-to-six-year olds
 Atrium II is designed for six-to-nine year olds

**Listening for God Peete Room
 (January 11 - Palm Sunday)**

3rd thru 6th grades (Room 212)

**Exploring Lent McClure Hall
 (February 22 - March 29)**

Rite 13: 7th & 8th grades
 (Doan House, 1768 Peabody)

**See sidebar to your left for more
 info on each Sunday class.**

J2A-YAC: 9th - 12th grades
 (Hilary's office, upstairs, 3rd floor)

39ers **GSL History Buff,**
Keith Wood, to Present
March 13th 39ers Program

Join us for our monthly second Friday gathering; age immaterial, we do not card you; all are welcome. Social time is at 11:30 AM with a light lunch at noon for only \$6.00.

Our program following lunch will be presented by our own Keith Wood, an articulate all knowing history buff. Topic will be "James Madison, 4th President of the United States; His presidency, his marriage and his life." This is one you do not want to miss.

Reservations to Lucy at 272-7425 or lucy@gslparish.org by noon Wednesday, March 11th.

3rd **Botanic Gardens Director**
Jim Duncan Speaks at
Thursday 3rd Thursday Dinner

Jim Duncan, Executive Director of the Memphis Botanic Gardens, will speak to the March 19th Third Thursday Dinner. This special spot in Memphis encompasses 96 acres with 23 specialty gardens and programs to include everyone. New offerings including a Children's Garden are in process. Come and learn about them all and enjoy a fun evening of food and fellowship. Dinner and wine are only \$10.00, and the company can't be beat. Join the empty nest set for a fun evening and a super program. Please make reservations by calling Lucy at 272-7425 or emailing her at lucy@gslparish.org.

5th **5th Sunday Goes**
Sunday Light for Lent

Sunday, March 29th, is GSL's next 5th Sunday Celebration, but because it falls in the middle of Lent, we will be serving a light meal. Come join us for Soup & Salad immediately following the 10:30 AM service. Choose from two delicious soups — "Lent"il soup with turkey sausage and rosemary or Chicken Tortilla soup. Also try two fresh salads, Classic Caesar or Parisian. As always, everyone is welcome to join us. No reservations are required, but a small donation is appreciated to cover the costs of the meal. We look forward to seeing each and every one of you.



**Athletic
 News**

Thank You To Our Basketball Coaches

The GSL 2008-2009 Basketball season has come to an end. I want to thank everyone who has made this such a wonderful season. Listed below are the 08-09 GSL Church Basketball Coaches.

Alec McLean, Rick Neal, Amy Morad, Steve McHugh, Matthew Heiter, Jon Lakey, Bill Walk, John Huber, John Apperson, Bruce and Daniel Williams, Justin Giles, Todd Brown, Brett Ragsdale, Holly Ritchey, Jeff and Webb Emerson, Amy Huber, Glenn Alexander, Ellie Bennett, Jo Kendrick, Hunter Mills, Paul Guibao and F. A. Coyle.



GSL "Saints" JK/SK Harry Arnold Basketball Team

Front Row: Hope McClew, Mary Gara Nix, Sam Wallace, Holden Guibao, Gray Nix, and Colin Fisher

Middle Row: Sam Lakey, Holden Brown, Cooper Hough, George Sentilles, Anne Appling, and Lily Roberts

Coaches pictured are Jon Lackey, Todd Brown, Paul Guibao and F. A. Coyle

News From GSL School

TENNESSEE'S TOP TWO YOUTH VOLUNTEERS SELECTED IN 14th ANNUAL NATIONAL AWARDS PROGRAM

Brentwood and Memphis students earn \$1,000 awards, engraved medallions and trip to nation's capital

By Harold Banks (Prudential Financial) and Marci Woodmansee (GSL School)



As State Honorees, each will receive \$1,000, an engraved silver medallion, and an all-expense-paid trip in early May to Washington, D.C., where they will join the top two honorees - one middle level and one high school youth - from each of the other states and the District of Columbia for several days of national recognition events. Ten of them will be named America's top youth volunteers for 2009 at that time.

Grace-St. Luke's Episcopal School 7th grader Katie Ayres, 12, of Memphis and Katlyn Vacanti-Mitchell, 16, of Brentwood were named Tennessee's top two youth volunteers for 2009 by The Prudential Spirit of Community Awards, a nationwide program honoring young people for outstanding acts of volunteerism. The awards program, now in its 14th year, is conducted by Prudential Financial in partnership with the National Association of Secondary School Principals.

Katie was nominated by Grace St. Luke's Episcopal School in Memphis, and Katlyn was nominated by Ravenwood High School in Brentwood. "We are delighted that Katie Ayres has received this prestigious award for her volunteer work," said Grace-St. Luke's Episcopal School Headmaster Tom Beazley. "Community service is very important to the student and faculty community at Grace-St. Luke's School, and we are extremely proud to see Katie recognized on a national level for her efforts.

Katie, a seventh-grader at GSL School and a GSL parishioner, volunteered to teach young children at a school summer camp, assist at Vacation Bible School, and serve as an acolyte during church services. Katie was attracted to these opportunities because she loves young children. "I really feel I have a special gift with little ones," she said. Katie volunteered at the summer camp when she heard that there weren't enough teachers or helpers. "I took charge in one class and tried my hardest to set an example for the little kids," she said. By volunteering at summer camp and Bible School, Katie made sure that teachers didn't have too many children in their classes and helped create a fun, happy place for young children while their parents worked. Katie plans to become a teacher and make volunteering a lifelong habit. "I think it is extremely important to help share a helpful hand around the world," she said.



Grace-St. Luke's Episcopal School 7th grade student Katie Ayres was named one of Tennessee's top two youth volunteers for 2009 by The Prudential Spirit of Community Awards, a nationwide program honoring young people for outstanding volunteerism. She will receive \$1,000, an engraved silver medallion, and an all-expense-paid trip in early May to Washington, D.C. for several days of national recognition events. Katie was honored for her volunteer work with young children. She is pictured here with two Grace-St. Luke's School senior kindergartners she has taught in Vacation Bible School, twins Mary Gara and Gray Nix.

More Than a Meal Volunteers Needed

MTAM needs volunteers especially for the 1st and 2nd Sundays of the month.

Please join us around 3:30.
You'll be out by 5!

The 1st Sunday also needs a cook team.

Call Happy Jones at 276-2136 with any questions.

Member News

Baptism, February 8, 2009

Helen Wright Prather, daughter of David and Lauri Prather

March Schedule

March 1

Altar Guild: L Tual, C Jefcoat, L McLemore, L Niell,
V Rowland

Flower Delivery: B & L Roper, A Ayres, S Prewitt,
B & J Moore

Breakfast Cooks: T Bolding, J Raspberry, G Simonton, C Johnson,
M Pleasants, M Tyler, J Woo

Lay Service Participants

8:00 Berg, Adams, Smith

10:30 *Acolytes:* M Wyatt, D McClew, K Raspberry

March 8

Altar Guild: A Crow, P Barnes, N Golden, N Golden,
S Hickey, B Peyton, M Robinson, T Sheppard, E Smith

Flower Delivery: B Black, L Strickland, R Berthiaume, J Self

Breakfast Cooks: J McCalla, L Allen, P Burnett, D Brown, A Nix,
L Wardlaw, S Moore, J Hartney, C Lunsford

Lay Service Participants

8:00 Edwards, Busby, Hayes

10:30 *Acolytes:* M Cline, K Ayres, C Sanders

March 15

Altar Guild: A Crow, P Barnes, N Golden, N Golden,
S Hickey, B Peyton, M Robinson, T Sheppard, E Smith

Flower Delivery: B High, M McKay, C & B Adrian, L Niell,
N & D Conaway

Breakfast Cooks: J Clay, A Nave, E Taylor, R Norcross,
W Wimbish, K Self, R Clark

Lay Service Participants

8:00 Berg, Whitlock, Brewer

10:30 *Acolytes:* M Wyatt, M Allen, L Robbins

March 22

Altar Guild: K Harper, R Martin, J Tate, C Wills

Flower Delivery: S Baker, J & D Douglass, V Rowland

Breakfast Cooks: D Conaway, P Taylor, G Conaway, S Liles,
J Fields, M Rowland

Lay Service Participants

8:00 Adams, Whitlock

10:30 *Acolytes:* T & H Morehead, B Landman

March 29

Altar Guild: K Harper, R Martin, J Tate, C Wills

Flower Delivery: TBA

Breakfast Cooks: P Wilson, C Kerwin, J Moore, B Foster,
L Strickland, C Pazar

Lay Service Participants

8:00 Rolfes, Smith, Brewer

10:30 *Acolytes:* R Mercer, M Hayes, R Gooch

*The Altar Gifts in March
are offered in loving memory of*

March 1: Andrew Alexander Mitchell, James Henry Williams, Ernest Joseph Smythe, Marion Summers Smythe, Henrietta Clarke Smythe, William Hamilton Smythe, Margaret Dyck Thinnes, Katherine McAlpin Hinds, Stanley Robins Hinds, Mary Clay Tate Smythe, William Hamilton Smythe, Jr.

March 8: William Parker Halliday, Caroline Wilkinson Halliday, Charles B. Allen, Jr., Dorothy Reeve Allen, Charles B. Allen III, Joann Lockard Allen, Anne Pillow Halliday

March 15: Lacey Tucker Scott, Gwin Chalmers Scott, John Gwin Scott, John McArthur Skipper, Lois Hardage Skipper, Louisa Warfield Scott, Elenna Thisbe Scott, Noah McArthur Scott

March 22: Florence Boyce Battle, Walter Preston Battle

March 29: Garth Connally Jones

Community Events

Luna Nova Music Concert

Luna Nova Music (Belvedere Chamber Music Festival) presents a Benefit Concert for The House of Mews Cat Rescue Organization **Sunday, March 1, 3:00 PM** at the home of Ann Kendall Ray, 15 Belleair Dr. (across Poplar from Overton Park) The concert will feature whimsical chamber music for clarinet, bassoon, horn, and guitar. The program includes pieces for solo clarinet by Jenni Brandon based on Aesop's Fables, musical portraits of six cats in Robert Patterson's Cat Menagerie, Gymnopedie by Eric Satie, and more. The concert will last approximately an hour and will be followed by a reception. Guests are asked for a minimum \$20 donation. Seating is limited and we ask that reservation requests be sent to pgray@pgray.net. Donations can be made at the door. All proceeds go to the House of Mews.

St. Clare Retreat for Women**March 6 at St. Columba Conference Center**

There will be a St. Clare Retreat for Women on Friday, March 6, at St. Columba Conference Center. The morning begins at 8:30 AM with coffee and introductions. Linda Douty, noted author and spiritual director, will lead a meditation followed by a time of silence when we pray, read or stroll through the beautiful grounds. Our day ends with lunch at noon. The cost is \$20 which includes morning coffee and lunch. For reservations, please call Dana Sue Percer at 829-3251 or dspercer@gmail.com Please try to have reservations in by March 1.

Haiti Partnership announces Mission Trip

The Haiti Partnership Committee announces an upcoming mission trip **March 18 - 23**. We welcome your continuous prayers for their safe journey and mission work as well as any donations for medical supplies, toiletries, and small gifts for the children. Please see the bulletin board for a complete list of items needed for the mission trip. For more information call Rev. Drew Woodruff at 336-1103 or Ruthie Lentz at 278-5361.

March 2009

For the most up-to-date calendar,
go to gslparish.org/calendar

Wednesday Evening Lenten Program

5:30 Lenten Evening Prayer
5:50 Dinner (\$6)
6:30 Presentation by Mitzi Minor
Make reservations by Monday noon

April 2009						
S	M	T	W	T	F	S
14	5	6	7	1	2	3
15	12	13	14	8	9	10
16	19	20	21	15	16	17
17	26	27	28	22	23	24
18			29	29	30	

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>8:00am & 10:30am & 5:30 Eucharists</p> <p>8:45am Breakfast 9:15am Christian Ed</p> <p>9:20am Parish Update 12:00pm Coffee Hour 4:00pm MTAM 6:30pm Sr. EYC</p>	<p>12:00pm Weight Watchers 1:00pm Food Pantry 3:00pm - 8:00pm EYC Fundraiser at Holiday Ham 4:30pm EFM</p>	<p>9:00am Bazaar House 9:00am Staff meeting 1:00pm Food Pantry</p>	<p>5:00pm Canterbury 5:15pm & 6:15pm Pilates 5:30pm Lenten Program 6:20pm St. Cecilia 7:00pm Teen Group 7:30pm GSL Choir</p>	<p>5:30pm Evening Prayer 5:50pm Centering Prayer</p>	<p>Diocesan Convention @ St. Mary's 7:00am Morning Prayer and Eucharist 9:30am Sr. Fitness 12:05pm Pilates</p>	<p>5:45pm Rivendell</p>
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12 STEP MEETINGS
Narcotics Anonymous: Sun 8pm, Sat 10am
Al Anon: Thurs 10:30am
Alcoholics Anonymous: Tues 6:30 & 8pm
Sex and Love Addicts Anonymous:
Mon & Thurs at 8pm, Sat 4pm,
Womens meeting 7:15 Thurs.

During this past week, three people talked to me about discipline.

“Where can I find the discipline to pass up the second helping!”
 “Maybe if I had a prayer discipline, I would feel better about life.”
 “I wish I could learn to have discipline in my life.”

Discipline has a negative connotation for most of us. The very word creates butterflies in the stomach and a tightness in the shoulders because it suggests a painful experience. For me, one such experience involved my second grade teacher, Miss Sigafous, who taught penmanship in a room where every wooden desk had an inkwell. I can still recall my tight grip on the pen and my fingers cramping as I painfully formed endless rows of As, Bs, Cs, and on through all twenty-six letters of the alphabet. The result of Miss Sigafous’s demanding standards was that I, along with everyone else in her class, learned to write at least reasonably well. (Although I will say, that today I look at my handwriting and wonder if it was all worth it.)

Even though we may have unpleasant memories involving discipline, we know that no skill is acquired without being attentive to the learning process. If the word discipline calls forth negative feelings, try substituting the word attentiveness. Being attentive is more than just paying attention. It means “to be faithful,” and faithfulness is the key to discipline as it relates to our spiritual journey. We are called to be faithful people, and the idea of faithfulness is the theme of God’s call to the Hebrew leaders as well as to the people themselves.



The prophet, Ezekiel, tells the people that God continually says: “You shall be my people, and I will be your God.”

I’ve always found it interesting that the words discipline and disciple come from the same root word. The word discipline comes from the Latin *disciplina* which means a teaching or a learning that a *discipulus*, a disciple, receives. Therefore, to be disciplined really means to have been taught and to have learned...to use a common expression "I got it!"

Disciples are attentive to the words and actions of the teacher. As Christ-followers, we are called to put on the mind of Jesus and be attentive to the new law of love. Loving as Jesus loved lets people know we are his disciples. Jesus often refers to the “good and faithful servant” and says to us "learn from me" reminding us that to be taught is to be disciplined.

Examples of the disciplined life are all around us. People who run, and are faithful to running, and learn about running come to a point at which they cease being people who run. They are runners. People who play the piano, learn about the piano, and are faithful in their practice, at some point are no longer people who play piano. They are pianists. Likewise, people who pray, who learn about prayer and are attentive and faithful in praying, reach a point at which they undergo a change. They are pray-ers, but more than that, they are prayer.

Each of us in our unique ways, have heard teachings and have learned well. During Lent, let’s not struggle to write our ABCs over and over; let’s celebrate those areas of our lives – work, school, friendships, inner challenges – where we have been changed as a result of being a disciple and in fact have become disciplined.



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